



# Balance

## LED/UV GEL SYSTEM

**Balance LED/UV Gel System** - is user-friendly and offers the nail technician the option to do natural nail overlays, tip and overlays, sculpting on a form. Balance LED is available in a variety of colors and finishes. All intelligently formulated. All perfectly affordable.

### NATURAL NAIL PREP

1. Spray yours and your client's hands with *Purify* and gently massage. Push back cuticle and gently remove the shine with a *Endurance 180/240 Grit Buffer*. Using a *Nail Wipe* saturated with *Nailpure Plus*, press and rub into natural nail.
2. If extensions are desired, adhere tip or fit a nail form at this time.
3. Apply *Essential Bond* to the natural nail. Remove the brush from the bottle and wipe along the edge of the bottle, then brush onto two natural nails. Re-dip the brush and repeat the process until the nails are coated. Allow to dry for one minute. They will not appear chalky white.
4. Before you begin sculpting your enhancement, apply an even layer of *Essential Base Coat*, this thin layer will ensure that proper bonding and adhesion will occur for the subsequent layers. Cure in *Dual Cure* lamp, LED for 30 seconds or UV for 2 minutes.

### SCULPTING ON A FORM

#### ZONE 1 - SMILE LINE & EXTENSION

Using a medium thick / thick white gel of your choice:

1. Pick up a medium size bead of *Balance Cover Pink Warm Gel*. Using the flattened side of your brush and keeping the gel on the tip, or flags of the brush, place the gel near the cuticle line, allowing room for your margin, and pull product forward towards the free edge. Be sure to cover the body of the nail with a thin even coverage of the cover pink. Freeze for 20 sec in UV or 10 seconds in LED. Continue on until all ten fingers have been completed and cure for 60 seconds or UV for 2 minutes.
2. Pick up a medium amount of *Balance Radiant White Sculptor* using the flattened side of your brush keeping the gel on the tip, or flags of the brush. Place the gel near the natural free edge line. Twirl the brush to release and slightly warm the gel. Do not overwork the gel, this will cause air bubbles. With a light feathery touch, start creating the smile line.
3. Pull, glide, float and stretch the gel to pull over tip or form to create extension. Use a light floating touch and keep your brush handle angled downward. Wipe any gel residue from brush on a clean lint-free *Nail Wipe* saturated with *Cleanse*.
4. Back brush smile line to make a smooth crisp line, if necessary. Cure in a full hand UV lamp for 10 seconds. Repeat process on nails of one hand until all Zone 1, smile lines and extension edges, have been created and frozen. Cure for 2 minutes in UV.

#### ZONES 2 & 3

Using a medium thick / thick pink gel of your choice:

1. Do not remove the tacky dispersion layer. Gather a medium amount of *Gel*. Starting in Zone 3, keeping the brush parallel to the nail, stretch and pull the gel over the body of the nail up to the smile line, using a light floating touch. Freeze for 20 sec in UV or 10 seconds in LED.
2. Before curing, add a small amount of a clear *Balance Gel* to the upper arch, and gently feather it across the free edge extension being careful to not over bulk the free edge. Cure in LED for 60 seconds or UV for 2 minutes.
3. Do not remove the tacky dispersion layer. Apply a second bead of *Balance Gel* of your choice, to the apex area of the nail if required. This will ensure a strong nail and reinforce the structure of the enhancement. Cure in LED for 60 seconds or UV for 2 minutes. Wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*.
4. Refine file using your *Endurance 180/240 Grit Buffer*. Check for proper design and apex placement. File the nail so it is smooth, balanced and attractive following the curvature of the nail. Remove excess dust with your *Plush Brush*. Use a *Nail Wipe* saturated with *Cleanse* to remove any dust that may be hiding in the side walls.
5. Apply *Glaze 'n Go LED* or *Essential Seal* and cure in the *Dual Cure lamp*. LED for 60 seconds or UV for 2 minutes. Wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*. Condition the cuticle and surrounding skin with *Nurture Oil*.

### NATURAL NAIL OVERLAY OR TIP & OVERLAY

Using the Balance Gel of your choice:

1. After proper nail prep, pick up a medium size bead of *Balance Gel*. Use the flattened side of your brush and keeping the gel on the tip, or flags of the brush, place the gel near the cuticle line, allowing room for your margin, and pull product forward towards the free edge. Be sure to cover the body of the nail with a thin even coverage of the gel. Cure in the *Dual Cure Lamp*, LED for 60 seconds or UV for 2 minutes.
2. Do not remove the tacky dispersion layer. Check the nail from all angles to ensure proper apex placement. If necessary, add a small amount of a clear *Balance Builder Gel* to the upper arch. This will ensure a strong nail and reinforce the structure of the enhancement. Cure in the *Dual Cure* lamp. LED for 60 seconds or UV for 2 minutes. Wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*.
3. Refine file using your *Endurance 180/240 Grit Buffer*. Check for proper design and apex placement. File the nail so it is smooth, balanced and attractive following the curvature of the nail. Remove excess dust with your *Plush Brush*. Use a *Nail Wipe* saturated with *Cleanse* to remove any dust that may be hiding in the side walls.
4. Apply *Glaze 'n Go LED* or *Essential Seal* and cure in the *Dual Cure lamp*. LED for 60 seconds or UV for 2 minutes. Wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*. Condition the cuticle and surrounding skin with *Nurture Oil*.

### NATURAL NAIL OVERLAY OR TIP & OVERLAY

French with Secrets Removable Brush On White.

1. After proper nail prep, pick up a medium size bead of *Balance Gel*. Use the flattened side of your brush and keeping the gel on the tip, or flags of the brush, place the gel near the cuticle line, allowing room for your margin, and pull product forward towards the free edge. Be sure to cover the body of the nail with a thin even coverage of the gel. Cure in LED for 30 seconds or UV for 2 minutes.
2. Do not remove the tacky dispersion layer. Check the nail from all angles to ensure proper apex placement. Add a small amount of a clear *Balance Builder Gel* to the upper arch. This will ensure a strong nail and reinforce the structure of the enhancement. Cure in. LED for 30 seconds or UV for 2 minutes.
3. Using the point of your brush, dip into the container of the *Secrets Removable Brush On White Gel*. Pick up a small to medium amount of gel and keep the gel on the tip of the brush. The gel will be the consistency of gel polish.
4. Starting with the thumb, brush onto the nail creating a smile line. Use techniques similar to polishing for a french look. Wipe any gel residue from brush on a clean *Nail Wipe*. Back brush the smile line if necessary to make a smooth crisp line. Freeze the smile line in place with your UV lamp for 10 seconds or LED for 5 seconds. Repeat process on nails of one hand until all smile lines have been created and frozen. Cure in LED 60 seconds or UV for 2 minutes.
5. Using the flattened side of your brush, gather a small amount of *Balance Clear Gel*. Starting in Zone 3, and keeping the brush parallel to the nail, stretch and pull the gel over the entire length of the nail using a light floating touch. Check the nail to ensure proper apex placement. Add a small amount of a clear *Balance Gel* to the upper arch, if necessary. Cure in LED for 60 seconds or UV for 2 minutes. Wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*.
6. Wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*. Refine file using your *Endurance 180/240 Grit Buffer*. Check for proper design and apex placement. File the nail so it is smooth, balanced and attractive following the curvature of the nail. Remove excess dust with your *Plush Brush*. Use a *Nail Wipe* saturated with *Cleanse* to remove any dust that may be hiding in the side walls.
7. Apply *Glaze 'n Go LED* or *Essential Seal* and cure in the *Dual Cure lamp*. LED for 60 seconds or UV for 2 minutes. Wipe off the tacky dispersion layer using a *Nail Wipe* saturated with *Cleanse*. Condition the cuticle and surrounding skin with *Nurture Oil*.